

# Brailletonik

## Created by Yasmine Moayedi

### Who is Yasmine Moayedi?

- A successful Iranian woman
- With more than 50 years of background of social, humanitarian, sports, well-being and creating jobs activities
- Friend of needy people: the leper, the blind, the handicapped, the orphan, the old, the needy women and...

### How was Brailletonik created?

After 50 years of struggle to see the smile of tranquility and happiness of the needy and disabled, benevolence for people suffering pain, investing to build tens sports centers, knowledge of rules of sports for all, awareness of French language and Braille handwriting created by Louis Braille Brailletonik was created by Yasmine Moayedi. The result of 50 years of experience is brightened in Brailletonik.

### What is Brailletonik?

Brailletonik is a vent to brightness.

Brailletonik is a bridge between darkness and brightness. Brailletonik is a combination of thoughts, creativity, words and well-being movements which conducts the sportive towards health and happiness. Brailletonik is a style of practice for all which facilitates the movement to different directions and practice of exercises. It creates jobs through easy and quick acquiring of massage. Brailletonik is replacing the touch of projected points of Braille handwriting with fingers or reading them or writing them with a pencil on a peace of paper by walking on them on the ground or pointing to them with our hands on an imaginary gabarit.

Brailletonik is liberty because it is one of the elements of human's freedom from depression, stress and sorrows of life.

### The merits of Brailletonik

Brailletonik is practical by everyone.

All sportsmen with different physical condition would practice its attractive exercises as a daily hygienic behavior. It causes health, well-being and happiness to everyone. It is an evolution in creating jobs for everyone, especially for the blind. It increases people's self-reliance, creativity and easiness of movements. Brailletonik could be the element of peace and friendship among nations.

### Training and competitions

Training and competitions of Brailletonik have been created. Interested people could be the trainer, the coach and the expert of Brailletonik.

Advanced sportsmen could be the athlete's by participating in the competitions.

People could earn their living by being active in the field of massage and production of handicrafts.